

FOOD & DIETARY RESTRICTIONS



The Aquarium will provide the following food items to sleepover participants:

Dinner:

- Salad with a choice of Ranch or Balsamic Vinaigrette dressings
- Build your own “Hamburger Buffet”*
- Hamburger bun and Patty with Lettuce, Tomato, Pickles, Onion, Mayonnaise, Ketchup, Mustard, and Cheddar cheese*
- Assorted Potato Chips

Beverages

- Lemonade
- Gatorade

**Gluten-free bread and Vegetarian patties available upon request in advance*

Breakfast:

Hot Items

- Breakfast Ham
- Potatoes O’Brien
- Scrambled Eggs (Gluten-Dairy Free)
- Assorted Bagels with Cream Cheese

Cold Items

- Mixed Fruit Bowl (Gluten Free)
- Yogurt Parfaits (Gluten Free w/no Granola)
- Assorted Muffins
- Assorted Granola Bars

Beverages

- Orange Juice
- Milk
- Apple/Berry Juice
- Coffee with Cream and Sugar

No products containing nuts will be served. If anyone in your family or group has dietary or allergy concerns, it is their responsibility to bring their own food or supplement what is offered.

Please notify a Sleepover Staff member upon arrival if you have items that need to be refrigerated. No other outside food will be accepted other than that needed for those with dietary restrictions.

Thank you and have a great sleepover!

Have questions or want additional information?

Contact 541-283-1148, or email sleepinthedeep@aquarium.org